



Teaching Life, Art & Peace

Summer 2013 Schedule

begins Monday, June 17

BLS CLOSED Monday, July 1 - Friday, July 5

Monday	Tuesday	Wednesday	Thursday	Friday
	9:00 Adult Class		9:00 Adult Class	9:15 Black Belt Self Defense
	9:30-11:00 Yoga: Level II			
	11:30-12:45 Yoga: Gentle			
	2:45 Tiger Tots 30 min. class		2:45 Tiger Tots 30 min. class	
	3:30 5/6 Lil Dragon 45 min. class		3:30 5/6 Lil Dragon 45 min. class	
4:00 - 5:30 Open Mat	4:15 7/8 Lil Dragon	4:00 - 5:30 Open Mat	4:15 7/8 Lil Dragon	
	5:15 Beginners & Intermediate	5:15 Special Needs: Autism	5:15 Beginners & Intermediate	
5:45-6:45 Yoga: Level I	6:15 Adv. & Adult	5:30-7:00 Yoga: Level I/II	6:15 Adv. & Adult	
7:00 Capoeira	7:00 Aikido	7:00 Capoeira	7:00 Aikido	
7:00-8:15 Yoga: Level II		7:15-8:45 Yoga: Level II/III		