

POWERFUL PROJECT

AGES 4-7

OCTOBER
2012

SELF ESTEEM

FIRST & LAST NAME: _____

Self esteem means; "I like myself!" When we have good, strong self esteem, we like who we are and what we can do. We try hard and know with hard work, we can reach our goals. Draw a picture of yourself doing something that makes you feel great. It can be something that makes you feel great at home, at school, in our class or out in the community!



What are you doing in this picture? _____



For more Powerful parenting information,
go to www.DrRobynSilverman.com.