

SELF RELIANCE

FIRST & LAST NAME: _____

20 Quick Questions

Think about how self reliance applies to you. Answer, circle, or rank the quick questions below. There are no "right" or "wrong" answers!

- (1) What is the last thing you learned to do by yourself? _____
- (2) What is something you are learning to do by yourself now? _____
- (3) When you show self reliance, how does it make you feel? _____
- (4) Who cheers for you when you try things on your own? _____
- (5) When you need to "try, try again" how do you feel? _____
- (6) Where do you feel most comfortable trying new things? _____
- (7) Who looks up to you when you show self reliance? _____
- (8) Who do you encourage to try things on their own? _____
- (9) What is something you learned to do that you are most proud of? _____
- (10) What were you most excited about learning how to do? _____

Rank it! (On a scale from 1 to 5, circle your answer)

How would you rank....	Low	In the middle	High
(11) Your overall self reliance?	1	2 3	4 5
(12) Your self reliance at home?	1	2 3	4 5
(13) Your self reliance at school?	1	2 3	4 5
(14) Your self reliance here in our class?	1	2 3	4 5
(15) Your fear of doing things on your own?	1	2 3	4 5
(16) Your desire to try new things?	1	2 3	4 5
(17) Your commitment to keep trying after you fail?	1	2 3	4 5
(18) How excited you are when you reach your goals?	1	2 3	4 5

(19) Do you often "try try, again?" YES

NO

(20) Do you often succeed when you "try, try again?" YES

NO